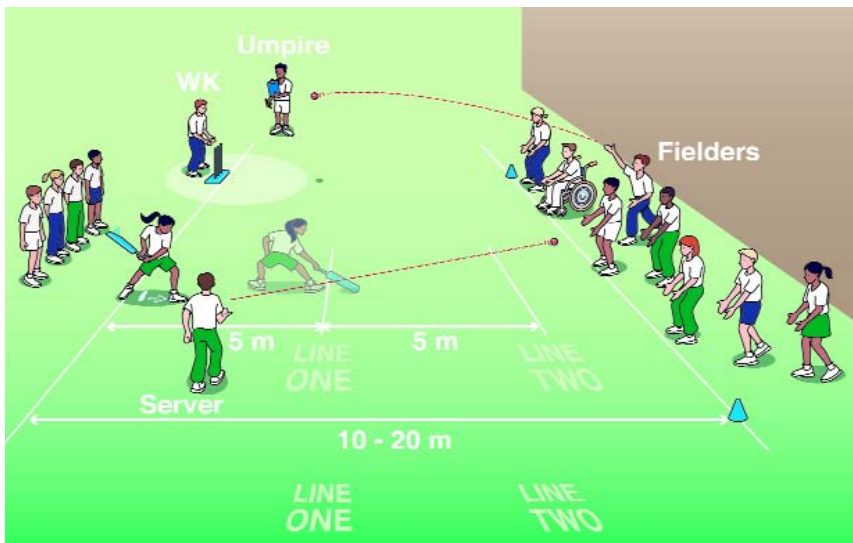


Bowling - 6. Lord's/Continuous/Pairs Cricket

Equipment



30 minutes



COACHES CORNER

There's a real opportunity with all of these games to evaluate young players in a game environment. Take the opportunity to apply pressure to game situations. See how well players read the game, innovate and work with team mates.

- Bowlers to pitch the ball on a good length, on off stump to make it difficult for the batter to score
- Bowlers to have all body parts moving towards the target
- Make sure bowlers hips and shoulders are in line when bowling
- Focus on keeping all body parts within a shoulder with corridor during action

Notes

Award Level Criteria



- Well behaved
- Enthusiastic
- Actively involved
- Basic balance
- Basic agility & athleticism
- Basic co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination
- Demonstrates basic technique
- Bowls with a degree of consistency in the game environment



- Actively involved
- Very good balance
- Very good agility & athleticism
- Very good co-ordination
- Good technique
- Bowls a consistent line and length. Applies pressure on batsman through skill and consistency



- Actively involved
- Excellent balance
- Excellent agility & athleticism
- Excellent co-ordination
- Very good technique
- Performs well in a game environment. Pressures batsman through skill and consistency. Is able to adapt style to game situations